

**Repertory of  
Emotional,  
Mental and  
Spiritual  
Conditions**

	AIDS	Attunement	Calmness
	Aimlessness	Aura	Carefree
	Alcoholism	Austerity	Caring for others
	Alertness	Authority	Catharsis
Abandoned, feeling	Alienation, feelings of	Autism	Cautious
Absent-minded	Aloneness	Avoidance	Centre of attention
Abundance, lacking	Aloof, withdrawn	Awareness	Centred
Abuse, victim of	Altruism, kindness	Awareness of others	Certainty
Abusing others	Amnesia	Babies	Chakras
Abusing self	Analytical	Balance	Change
Acceptance	Anarchy	Being here, resistance to	Charity
Acceptance, need of, by others	Anger	Belief in self	Chauvinism
Acceptance of others	Anguish	Belonging	Children
Acceptance of self	Annoyance at others	Bereavement	Chronic disease
Accident, disassociatedness after accidents	Anorexia nervosa	Birth trauma	Clairaudience
Accident-prone	Antisocial behaviour	Bitterness	Clairsentience
Accident trauma	Anxiety	Black night of the soul	Clairvoyance
Accuracy	Apathy	Blame	Clarity of mind
Acknowledgement of self and others	Apologetic, very	Bluntness	Clinginess
Adaptability	Appetite disorders	Body image	Closed mind
ADD	Appreciation of others	Bonding	Clumsiness
Addictions	Apprehensive of others	Boredom	Co-dependency
Adolescence	Arbitration	Boundaries, establishing healthy	Cold-hearted
Adoption	Argumentative	Brashness	Commitment
Adventure, sense of	Arrogance	Broken-hearted	Common sense
Adversity	Assault, trauma after	Bubbliness	Communication
Aggressiveness	Astral travel	Bulimia	Community
Adding	Attachment	Burdened feeling	Compassion
Agitation	Attention, lack of	Burnout	Competitiveness
Agoraphobia	Attention-seeking	Busyness	Complaining
	Attention to detail		Completion
			Composure

Compulsive disorder	Dependence, on others	Egocentric	Fatigue
Concentration	Depression	Embarrassment	Fear
Confidence	Despair	Emotional blocks	Feeling flat after achieving
Conflict	Detachment	Emotional control	Female sexuality
Conforming	Detail, attention to	Emotional upheaval	Fickle
Confrontation	Details, over-concern with	Emotionally closed	Fidelity
Confusion	Determination	Empathy	Flexibility
Consideration, lack of	Delayed development in children	Empowerment	Focus
Controlling personality	Direction	Endocrine system	Forgetfulness
Conversation	Disappointment	Endurance	Forgiveness
Courage	Discernment	Energy drain	Freaked out
Creativity	Discipline	Energy lack	Freedom
Crisis	Disconnectedness	Enlightenment	Frenetic
Criticism	Discouragement	Enthusiasm	Frigidity
Crossroads, when at life	Disheartened	Environment	Frugal
Cruelty	Disillusionment	Envy	Frustration
Cry, need to	Disorientation	Erratic behaviour	Fun
Cynicism	Distancing from others	Escapism	Gambling
Daydreaming	Dithering	Exhaustion	Garrulousness
Death and dying	Divorce	Expectation	Gauche
Deception	Dogmatic	Experiences, failure to learn from life	Generosity
Decision making	Dominating behaviour	Extravagance	Gentleness
Deep hurt	Dreams	Extrovert	Gives up easily
Defeatist attitudes	Drug abuse	Failure	Glamour-seeking
Defensiveness	Dutiful, too	Fairness	Gloom
Defiant	Dyslexia	Faith	Goal setting
Delegating	Easily influenced by others	Family and social interaction	Gossiping
Delinquency	Eating disorders	Family feud	Greatness
Denial		Fanatical beliefs, behaviour	Greed
Dependability		Fatherhood	Grief
			Grounding

Group harmony	Hyperactivity	Intensity	Manifestation
Grudges, holding	Hypersensitivity	Intimacy	Materialism
Guarding against hurt	Hypochondria	Intolerance	Maths, problems with
Guidance, spiritual	Hypocrisy	Introversions	Maturity
Guilt	Identity	Intuition	Meditation
Gut feeling, ignoring	Imagination	Irrational behaviour	Melancholy
Happiness	Immaturity	Irresponsible	Memory
Harmony	Impartiality	Irritable	Menopause
Hatred	Impatience	Isolation	Mental clarity
Head, separated from heart	Impulsiveness	"It's not fair"	Mental illness
Healers	Inadequacy	Jet lag	Mental retardation
Health threat	Inappropriate behaviour	Joy	Mind, overactive
Heart	Incest	Judgemental	Money
Heaviness, feeling of	Indecision	Justice	Mood swings
Helpless	Independence	Karma	Morality
Higher Self, attuning to	Inferiority	Kindness	Motherhood
Hoarder of things	Infertility	Laughter	Motivation
Homesickness	Infidelity	Laziness	Music
Honesty	Inflexible	Leadership	Nail biting
Hope	Inhibitions	Learning	Narrow-minded
Hopelessness	Inner child	Let down after the end of a project	Nature awareness, attunement
Hormonal imbalance	Inner strength	Lethargy	Near death experience
Horror movies, after	Inquisitive, open mind	Letting go emotionally	Negativity
Hostility	Insanity	Life direction	Nervous breakdown
Humility	Insecurity	Listening	Nervousness
Humour	Insensitivity	Living in the present	Nightmares
Hurt and pain	Insight	Lonely	"No" learning to say
Hurt feelings, injured pride	Insomnia	Long-term illness	Nurturing
Hurt, unable to resolve very old	Instability	Love	Obsessiveness
	Integrity	Lying	Optimism
	Intellect, living in	Male sexuality	Organisation

Out of sorts, feeling	Procrastination	Retrieving forgotten skills	Shift workers
Over-achiever	Protection	Revenge	Shock
Overindulgence	Psychic abilities	Revulsion	Shyness
Overweight	Psychosis	Rigidity	Singing
Overwhelm, emotional	Public speaking	Risk taking	Sleep
Pain	Punctuality	Rushing	Sluggishness
Panic	Punishing self	Sabotage	Smoking, giving up
Paranoia	Quietness	Sadness	Softness
Passion	Racism	Sarcasm	Soul, deep wound of
Past lives	Radiation therapy	Scattered energies	“Spaced out” feeling
Peace	Rape	Schizophrenia	Speech problems
Peer pressure	Reading	Secretive	Spirituality
Perception	Reality	“Seeker of knowledge”	Split, emotionally
Perfectionist	Rebellious	Self-assertion	Spontaneity
Perseverance	Re-birthing	Self-conscious	Sport
Phobias	Recognition	Self-control	Stability
Physical disability	Reconciliation	Self-denial	Stage freight
Pining, for recent lost love	Refugees	Self-destructive	Stamina, endurance
Planning	Rejection	Self-esteem	Standing out from the crowd
Positivity	Relationships	Selfishness	Stiffness
Possessiveness	Relaxation	Self-pity	Strength
Poverty, consciousness	Relaxed with people	Sensitivity to needs of others	Stress
Power	Repetitiveness	Sensuality	Strictness
Practicality	Repressed emotions	Separation	Struggle
Praise	Resentment	Serenity	Stubbornness
Pre-exam nerves	Resignation	Seriousness	Stuck
Pregnancy and birth	Resilience	Sexuality	Studying
Premenstrual tension	Responsibility	Shame	Stuttering
Prickly people	Restlessness	Sharing	Subconscious mind
Pride	Restriction	Shattered feelings	Success
	Retirement		Suicide

Sulky, sullen, whining	Trauma, shock
Superficial	Trust
Superiority	Truth
Suppressed feelings	Turmoil
Survival skills	TV, computers, videos, after long periods watching
Suspicious	
Switched off, feeling	Unaware
Synergy	Unborn child
Tactless	Uncentred
Taking on energy of others	Ungrounded
“Tall poppy” syndrome	Unconditional love
Tantrums	Unrealistic
Teariness	Unreliable
Teeth grinding	Used, feeling, by others
Telepathy	Vagueness
Temper	Vanity
Tenderness	Veterans of war
Tension	Victim
Terror	Visualisation
Thoughts, obsessive	Vitality
Thoughts, putting into words	Voice
Tight with money, love, feelings	Vulnerability
Timidity	Weighed down, feeling
Tiredness	Wisdom
Tolerance	Withdrawal
Touch, comfortable with	Workaholic
Tranquillity	Workshop “junkies”
Transformation	Worry
Trapped	