

A Decoz® Numerology Chart Analysis

for

Liz Sheehan

by

Hans Decoz

Birth data:

Elizabeth Alexandra Kent

June 12, 1973

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Short name: Liz Sheehan

Birth date: June 12, 1973

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INTRODUCTION

About your Personal Reading

This reading was composed for you personally, Liz, and is based on your full name at birth, your date of birth, and the name you now use to introduce yourself. Please check your birth data on the title page to make sure the names and date of birth used are correct.

If you have two or more middle names or last names, you may find the names strung together. This is necessary to make Transit and Essence cycles function correctly. For example, the name John Patrick Henry Hancock would appear on the title page as John PatrickHenry Hancock.

Liz, your Personal Numerology Reading describes all aspects of your chart as they are understood in numerology, accurately and in-depth.

Each chapter starts with a short introduction telling you where this particular number is found and how it affects you. This is followed by the number itself. Often, you will find a double digit number followed by a single digit.

The meaning of your number is then explained in easy to read language. Liz, you don't need to know anything about numerology to be able to enjoy and benefit from this reading.

I hope you will enjoy your reading.

LIFE PATH

If ever there was a moment of total transformation, it was the moment of your birth. In that instant, you stepped through a door in time into a new reality -- the reality of human life. The most important number in your numerology chart is based on the date of your birth, the moment when the curtain goes up in your life.

Even at that moment, you were a person with your own unique character, as unique as your DNA. Everything that is you existed in potential, much like a play that is about to begin. Your entire life exists as a potential that has been prepared for. Liz, you have ultimate freedom to do with your life as you like: To fulfill its potential completely, or to make some smaller version of yourself. It all depends upon your effort and commitment. You make the decisions to fulfill, to whatever extent, the potential life that exists within you. That is your choice. In this sense, the possible you is implicit during the moment of your birth.

The Life Path number gives us a broad outline of the opportunities, challenges, and lessons we will encounter in this lifetime. Your Life path is the road you are traveling. It reveals the opportunities and challenges you will face in life. Your Life Path number is the single most important information available in your Personality

Chart!

Your Life Path is 11/2

Liz, you have the potential to be a source of inspiration and illumination for people. You possess an inordinate amount of energy and intuition. There is so much going on in your psyche that you are often misunderstood early in life, making you shy and withdrawn. You have far more potential than you know.

You galvanize every situation you enter. You inspire people, but without your conscious effort. Energy seems to flow through you without your controlling it. This gives you both power and sometimes emotional turmoil.

You are a channel for information between the higher and the lower, between the realm of the archetype and the relative world. Ideas, thoughts, understanding, and insight -- all of these can come to you without your having to go through a rational thought process. There seems to be a bridge, or connection, between your conscious and unconscious realms, attuning you to a high level of intuition through which even psychic information can flow.

All of this amounts to a great capacity for invention. Many inventors, artists, religious leaders, prophets, and leading figures in history have had the 11 prominent in their chart.

Because you are so highly charged, you experience the consequences of a two-edged sword. You possess great abilities, but indulge in much self-reflection and self-criticism. You often feel highly self-conscious. You are aware on some level that you stand out. Even when you try to blend with your environment, you often feel conspicuous, alien, and out-of-place.

Liz, you are blessed with a message, or a specific role to play in life. But you must develop yourself sufficiently to take full advantage of that opportunity. Until that time, your inner development takes precedence over your ability to materialize the great undertaking you were chosen to perform. Consequently, 11s seem to develop slowly, but they simply have more to accomplish in their evolution than the average person. Thus, your real success does not usually begin until maturity, between the ages of 35 and 45, when you have progressed further along your path.

You may often be frustrated, largely because you have extremely high expectations of yourself. But these expectations can be unrealistic, and can prevent you from accomplishing anything. You can be very impractical, envisioning a skyscraper when all that was necessary was a two-story house.

You may also suffer from bouts of confusion and lack of direction. This gives rise to loss of confidence and the onset of deep depression. The cause of these emotional problems is your lack of understanding of your own sensitivity and potential. Your desire to achieve some great ambition is enormous. However, a lack of confidence in your own ability to realize this dream may cause you much

frustration. You sense the enormous potential you possess, which requires equally enormous confidence in your ability to materialize your dream. Confidence is the key that unlocks your potential.

On a strictly physical level, you must protect your nervous system, which is inordinately vulnerable to stress because of your acute sensitivity. Depression is often the result of long periods of stress that have gone unrelieved. Seek out peaceful and harmonious environments, relaxing music, and follow a healthful diet in order to restore balance and peace.

As an 11 Life Path, you are a highly charged version of the 2 and possess many of the characteristics and talents of that number.

You can be extremely diplomatic and tactful. You are also patient and cooperative. You work well with groups and somehow find a way of creating harmony among diverse opinions. You enjoy music and poetry and require a harmonious environment. You have an eye for beauty and a fine sense of balance and rhythm. You have healing capabilities, especially in such fields as massage, acupuncture, physical therapy, and counseling.

Liz, you are a sensitive and passionate lover; your perceptiveness makes you aware of your partner's needs and desires, which you are able to fulfill with almost magical delicacy. However, when you feel you have been mistreated or jilted, you can react with devastating power, sometimes using personal criticisms vindictively.

You are a fine companion and possess a good sense of humor.

When you have found your niche in life and begun to realize your true potential, your rewards will more than compensate for your trials earlier in life.

BIRTHDAY

The day you were born bears great significance in understanding who you are and where your talents lie. The day of birth indicates some special talent you possess. It is a gift to you that will help you along your Life's Path. Your day of birth is one of your four core numbers -- the Life Path, Expression, and Heart's Desire being the other three. It is the least significant of the four core numbers, but perhaps the most finite, in that it reveals a specific ability you possess in a marked degree.

Your Birthday is 12

You possess a high degree of artistic talent that emerges in virtually everything you take seriously, your home, your cooking, the way you express yourself, and any artistic endeavor you commit to.

Liz, you are highly imaginative and quick-witted. You can be the life of a party, entertaining people with stories, jokes, or witty remarks. You have plenty of

vitality, your body heals quicker than most people's.

You are especially talented in the verbal and writing skills. These areas, as well as acting and other performing arts, should be cultivated.

You have a great deal of enthusiasm and make an excellent salesperson. You can make the best out of a given situation and are easily satisfied.

You are emotional, friendly, sociable, and affectionate. You can also be moody and given to self-indulgence, especially when it comes to feelings of depression or self-pity.

Be careful not to waste time and energy on trivial matters and keep your priorities in perspective. The keys to your success are commitment and discipline. Liz, you must learn to focus your considerable creativity in a given area or field. This will keep from scattering your energies in an endless number of areas.

EXPRESSION

Your Expression number reveals your physical and mental constitution, the orientation or goal of your life. Some numerologists refer to this number as the Destiny, because it represents a lifelong target at which you are aiming. You work at fulfilling this potential every day of your life. Thus, the Expression number reveals your inner goal, the person you aim to be.

The Expression number reveals the talents, abilities, and shortcomings that were with you when you entered your human body. Your name, and the numbers derived from it, reveals your development, as well as the talents and issues you will be working with during this life.

For those for whom reincarnation is an accepted philosophy, the vibration of your full name can be seen as the totality of your personal evolution, the experiences, talents, and wisdom accumulated over many life times. Every experience, no matter how great or small, along this evolutionary path has influenced your development, and brought you to your current state of being.

The Expression is your being; the Life Path is the major lesson you are attempting to learn this time around. Time allows the gradual emergence of your personality. By reading the Expression number below, you will come to understand your basic nature and the abilities and issues inherent in your being.

Your Expression is 20/2

You have a great talent for working with others; you possess tact and refinement. Liz, you have a highly developed intuition. This provides you with insight into personalities and situations. Therefore, you act with tact and subtle persuasion. You possess a kind of radar, avoiding the landmines within another's personality, yet bringing out their goodwill. These abilities make you the perfect

diplomat.

Your abilities are better expressed while working with others than by working alone. In the same way, you perform better in a partnership than in a leadership role.

You seek balance and peace in all relationships and situations. The key to your personality is sensitivity, but there are two sides to the coin: You have the ability to perceive the thoughts and emotions of others, and can work gently with others for a mutually shared goal. This makes you a great asset in any group endeavor.

However, your sensitivity makes you vulnerable. Liz, you can be thrown off balance by an unkind word, a conflict, or by hostile conditions at work. You are far more upset by these conditions than people without your sensitivity. While others appear to be enduring troubled times with a modicum of turmoil, you suffer the turbulence of life as if your very survival were at stake.

In difficulties, you tend to persevere and steadily erode the resistance. You are like a gentle wind that shapes the rock.

You are friendly and open-minded. You are a great support person, pulling the best out of those around you. You are the power behind the throne. You are indispensable to the leadership of another, providing insight and advice that is essential. Yet, despite the invaluable service you provide, you often do not get the credit and recognition you deserve, which can be frustrating. Your natural modesty and the enjoyment you get from being an important asset is usually satisfaction enough for you.

Close relationships are essential to your happiness. When single, you dream of finding your "soul mate." When married, you are concerned with your spouse's needs, emotions, and thoughts. You are an outstanding marriage partner, giving, thoughtful, and conscious of meeting the needs of your loved one. Liz, you provide great support for your spouse's career. You are a passionate lover.

Parenthood is not an easy role for you, probably because you lack the will to enforce discipline and need a tranquil, delicate, and harmonious environment.

You are blessed with a high degree of musical talent. You have a good sense of rhythm and harmony.

You are a good counselor with an inborn talent for psychology and finely tuned intuition.

MINOR EXPRESSION

The Minor Expression number is based on the current (or short) name; the name you now use to introduce yourself including your last name.

The influence of the short name is minor in comparison to your full name. Interestingly, the short name often compensates in some way for numbers (and their related characteristics) that are missing or out of balance in the full name.

For instance, a number missing in the full name may show up prominently in

the short name; or a number (or numbers) that appears in excess in the full name can be compensated for in the short name. If a name change takes place later in life through marriage or for professional reasons, it adds or subtracts certain qualities. It can also focus and intensify existing characteristics or talents that may be latent.

Your Minor Expression is 8

Your short name provides you with more leadership abilities and business sense. It encourages you to use more power in your relationships and directs you to higher standards of success.

Liz, your Minor Expression number makes you a better judge of character. You are more realistic in your evaluation of others and their potential. You are not easily fooled.

You must be willing to apply more effort toward all your endeavors. You likely demand more of yourself.

Your abilities as a manager, organizer and administrator are enhanced. You are competitive and determined. You are more likely to initiate your grander plans and visions.

HEART'S DESIRE

Your Heart's Desire is the inner you. It shows your underlying urge, your true motivation. It reveals the general intention behind many of your actions. Consequently, it dramatically influences the choices you make in life. The Heart's desire is seen as part of the larger picture, called the core numbers, which includes the Life Path, Expression, Day you were born, and Personality. But each points to a different aspect of you.

The Expression number reveals your talents and abilities, and your general direction in life. The Life Path is the central lesson you came into the world to learn. The Day you were born is very closely connected to your Life Path. It reveals specific talents you possess, which will be helpful to you in dealing with your Life Path. The Personality reveals how people tend to see you. It also demonstrates what characteristics you are projecting to the world. The Heart's Desire demonstrates the identity of the soul that joined the earth -- you, the spiritual being.

Your Heart's Desire is 15/6

Liz, your attention is directed to helping and caring for those you love. You are exceedingly domestic. You love your home and family and work hard to make both comfortable and secure. Your love for family and friends is a major source

of your happiness and sometimes unhappiness.

Your desire to help others is so strong that you often find yourself sacrificing your own personal needs for someone else's. You can overdo it, becoming too deeply involved in other people's lives. You risk interfering in personal matters and or smothering those you love in too much affection. This can be especially weakening to children, who never experience their own personal strength if an adult is too protective.

You are extremely loyal and rarely let anyone down. You need to feel appreciation for your giving and caring. You want to know that you are needed.

Liz, you are generous and very forgiving. You are somehow able to overlook the worst mistakes in another and find enough good in that person to continue the relationship.

You are patient, warm, and sympathetic, sometimes to the point of sentimentality.

You have a natural ability as a counselor and healer. You are an excellent listener, compassionate and understanding. You are able to both sympathize and empathize with a person's dilemma. Your challenge as a counselor is to be adequately educated so that you can do more than provide a sympathetic ear or shoulder.

You possess a great deal of artistic talent, though you may not have a lot of confidence in your ability. Art gives you a great deal of pleasure and satisfaction. You are especially sensitive to your environment and have a knack for creating an artistic, healing, and harmonious atmosphere in your home or work space.

Liz, your deepest intention is to love those around you, and be loved in return. Six is the most loving of all numbers, especially in one-to-one relationships. Your instincts are toward your family and friends. You envision a beautiful and harmonious life with love as the basis for all social interaction. Your love is returned manifold; people appreciate you and the love you give, and are willing to go to great lengths to keep you close at hand.

MINOR HEART'S DESIRE

The Minor Heart's Desire number is derived from the vowels of your current name; the name you now use to introduce yourself. The current name is a refinement of the more complex qualities of your longer name (the full name at birth). It sharpens and bundles the energies that are reflected by your full name. It intensifies certain aspects of your being, and de-emphasizes others. For this reason, the short name often provides insight into what you truly want in life. It also often reveals the extent of your understanding of what you want from this life. It reveals both your strong desires, and the limits you place upon your potential.

Your feelings about your current name are different from your full name. It

affects how you feel about yourself; it changes your identity slightly.

Your Minor Heart's Desire is 20/2

Liz, your shortened name has a calming effect on your mind. It makes you more tactful and diplomatic. You are more sensitive and aware with this name. Any musical ability you may have will be enhanced.

You will be more refined and gentle. You could become a little less willing to step into the foreground, or to do things strictly on your own. The 2 is a supportive number and enjoys working with others.

PERSONALITY

Your Personality number is derived from the consonants of your full name at birth. Your Personality is like a narrow entrance hall to the great room that is your true nature. It is those aspects that you feel comfortable sharing with people at the outset of a relationship. With time and trust, you invite others into the deeper aspects of your nature; you reveal more of who you really are, in effect, your Heart's Desire, Expression, and so on.

Your Personality number often serves as a censoring device, both in terms of what you send out, as well as what you allow to approach. It discriminates in the kinds of people and information you let enter your heart and mind. For this reason, your Personality is usually much more narrow and protective in its definition than the real you. It can screen out some of what you do not want to deal with -- people or situations -- but it also welcomes those things that immediately relate to your inner nature.

Your Personality number also indicates how others perceive you. No one can be objective about himself or herself. Even our closest friends and relatives have trouble describing how they see us.

Your Personality is 23/5

Liz, you are a stimulating person. You brighten social gatherings with your fresh and original ideas. Your conversation tends to be sprinkled with novelty and wit.

You have a quick tongue and charisma. You are probably an excellent salesman. There is a lot of nervous energy within you looking for an outlet.

You love your freedom and you see this life as an ongoing adventure. You are upbeat and optimistic. This is infectious for those you meet. As a result, you inspire others.

You have a strong and attractive body, with good muscle tone. Your movements are supple, graceful, and athletic.

Liz, your bane is that you love to indulge your senses with food and drink and can easily gain weight. You have an appetite for anything that stimulates the senses -- sex, food, alcohol, and drugs. Discipline is a necessity for you. The negative side of a 5 Personality Number can give rise to an addictive personality.

You like to dress fashionably and can get away with more colorful clothes. However, you should be aware of the value of quality and the power of modesty.

You are a little irresponsible and quick in satisfying your sensual urges. You are attractive and that, coupled with your innate ability to promote yourself, makes it easy for you to satisfy your desire for new and exciting relationships.

You have a kind of swashbuckling personality. People see you as the adventurer that you are. They expect the unexpected from you, and when they don't you often surprise them.

You have a quick and eclectic mind. You attract information from all directions, but you can be a bit superficial, skimming over the surface of a wide diversity of subjects. This may cause you to be a bit of a dilettante. You can get away with it much of the time, but for your own success and happiness, you should try to ground knowledge and deepen your understanding.

Liz, your versatility and adaptability make you capable of getting the most out of virtually every opportunity in life. You decide quickly on a course of action and your timing is usually good. You radiate with the potential for success, which attracts others who can further you along your path.

MATURITY

Your Maturity number indicates an underlying wish or desire that gradually surfaces around age thirty to thirty-five. This underlying goal begins to emerge as you gain a better understanding of yourself. With self-knowledge comes a greater awareness of who you are, what your true goals in life are, and what direction you want to set for your life. This, in a nutshell, is the gift of maturity: You no longer waste time and energy on things that are not within your own special identity.

No matter what your age is at present, your life is being channeled in a specific direction, toward a very specific goal. That goal can be seen as a reward or the fulfillment of a promise that is implicit in your current efforts, often without your knowing it consciously. While the characteristics of this number are usually visible during childhood, we tend to lose sight of these aspects until later in life. But our lives are always being affected by this influence, nonetheless.

Your Maturity number begins to have a more profound impact on your life after the age of 35. The influence of the number increases steadily as you grow older.

Your Maturity is 4

Liz, your maturity will find you increasingly practical, organized, and far more down to earth. You will be capable of putting your ideas into concrete form. Your latter days promise to be a time of accomplishment and activity.

You become more focused and goal-oriented and less willing to discard details and cut corners. There is little interest in a quiet retirement. You are too involved in seeing your plans and efforts come to life.

Your family and friends will profit from your four maturity number because of your increasingly helpful and reliable nature.

However, you must guard against becoming rigid, narrow minded, and opinionated, especially if already several fours are found in your chart. If you are lacking 4s, or have only one or two of them, you will benefit by your increased understanding of systems, organization, and the rewards of a methodical approach to life.

It will do you good to take your time to relax and enjoy the flowers every day.

L/E BRIDGE

The Bridge numbers in your chart are the numbers that indicate how you can make the relationship between the individual core numbers in your chart easier and more compatible. Bridge numbers have the potential to "close the gap" between the Life Path and Expression number, or the Heart's Desire and Personality number.

In this chapter we will explain what you can do to make your talents, strengths, and specific abilities (Expression number) more easily available and fitting the needs of your main lesson(s), and expected direction of growth (Life Path).

Your Life Path / Expression Bridge number is 0

The single digit values of your Life Path number and your Expression number are the same.

This is considered fortunate, and an opportunity to make real progress in the areas of life expressed by the repeated number.

However, if your Life Path number and your Expression number are also identical to your Heart's Desire number or your Personality number (described earlier in this reading), your chart may be somewhat off balance. This may cause you to push the aspects of the repeated number to excess. Read your Life Path again, and ask yourself if you have not focused too much on the aspects described, at the cost of a more balanced approach.

H/P BRIDGE

Several Bridge numbers can be found in your chart. The Bridge number

between the Life Path number and the Expression number was described earlier in your reading. The following Bridge number relates to your Heart's Desire number and your Personality number. This Bridge number, the Heart's Desire - Personality bridge, explains how you can make your deeper self -- your needs and desires, your true nature -- more aligned with the part of your personality others tend to recognize when they meet you. With a little exaggeration, you could say that your Personality number is somewhat like your mask. It is the more superficial you; a protective shield and a camouflage of the deeper you. You can easily imagine how much more comfortable, and less self-conscious, the experience of life becomes when your deeper and more real you is closer and more fitting to the personality you reveal on a day to day basis.

Your Heart's Desire / Personality Bridge number is 1

Liz, you should rely more on your own strengths and abilities. Be more decisive; don't beat around the bush and be straightforward when expressing your thoughts and feelings. You need to take charge more often. Get off the beaten path and find original ways of doing things. Do not try to be conventional, or try so hard to behave according to the expectations of others.

KARMIC LESSONS

Numerology is based on the understanding that we enter life with certain strengths and weaknesses. Karmic lessons are areas that we are currently weak in and must be faced and worked on in this life. There can be more than one Karmic Lesson. These are indicated by the absence of certain numbers in your name.

The letters and numbers of your name point to talents and abilities that you possess. These characteristics can be compared to a workshop in which certain tools are available to you. Missing numbers, those that are not represented in the letters in your name, imply tools that are unavailable, and must be learned and mastered during this lifetime.

You may well recognize your Karmic Lessons as weaknesses you have learned to overcome in the course of your life, however, the challenges implied in your Karmic Lessons will continue to come up occasionally for the rest of your life.

You have a Karmic Lesson 7

Liz, you need to deepen your knowledge and talents in a specific discipline. You lack the will or determination to perfect yourself or a specific talent you possess. You must learn to be your own critic, without self condemnation, in

order to bring your abilities to their full development.

You will learn not to take things at face value. A superficial understanding of important matters will prevent you from experiencing the satisfaction of your true potential.

The effects of this Karmic Lesson are diminished if you have at least one 7 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

HIDDEN PASSION

Your Hidden Passion reveals one or more special strengths and talents that you rely upon and are available to you. The Hidden Passion represents your specific field of expertise, or a concentrated talent.

Metaphorically, this talent can be seen as having a power all its own to shape your life. Its existence gives you a strong desire to develop and to express that particular ability. Having the talent demands that you express it, that you experience this part of you, and that you live according to its nature. In this way, the Hidden Passion shapes your personality, and guides your life.

Your Hidden Passion is 5

Liz, you love travel, change, and new challenges. You are highly adaptable and versatile. You have a talent for languages, and are generally good with words. Writing, promotion, and public relations work suit you perfectly.

You are sensual and a bit impulsive. You love to satisfy your senses, which can get you into trouble. Overindulgence in food, drink, sex, and drugs are common among people with too many 5s -- six or more.

You are resourceful and original. You have a good sense of humor and a quick tongue.

Your desire for freedom is extremely strong and it will take effort and discipline to stick with whatever it is you started. There is a tendency to give up a project or situation prematurely.

Liz, you may be interested in too many things, which can make it hard for you to apply yourself to one area successfully.

You are very unconventional.

Commitment in relationships and your work is fundamental to your happiness. You may have a tendency to wander from person to person, job to job, making depth of relationship or deep expertise difficult.

PLANES OF EXPRESSION

Each of us experiences life on four different levels: with our physical body; our mental faculty; our emotional makeup; and our intuition. Each of these areas has a specific means of perceiving information. The physical body is capable of touch, taste, pleasure, and pain. It provides us with a sense of the physical world. The mental body, like the emotional and intuitive natures, perceives the invisible worlds. Our minds deal with the world of thought. The heart, of course, is preoccupied exclusively with the world of emotion. Our feelings teach us many things about ourselves and about others. Finally, we have the capacity for direct contact with the higher realms by way of intuition. Intuitive insight comes in a flash. It is not rational -- that is the world of the mental plane -- but comes as if it were placed at the doorstep of our minds. Intuition, therefore, bypasses all effort.

These four faculties exist in all of us. But each of us depends more on one or two of them for the bulk of our knowledge. Some of us are possessed by our senses, while others live almost exclusively in our hearts, or minds.

Numerology indicates how we as individuals function on each plane.

The letters of the alphabet are divided in four categories: physical, mental, emotional and intuitive.

The proportion of each category in your name gives a good indication of which Planes of Expression are strongest in you, and which ones are weaker.

These Planes of Expression can greatly help you to understand your talents and abilities.

PLANE OF EXPRESSION PHYSICAL

Your Plane of Expression Physical is 6

Liz, you combine practicality and artistry. Many successful artists are found with this number on the Physical Plane.

Teaching and healing come natural to you. Your appreciation of beauty and art is visible in your surroundings.

You are an excellent marriage partner. Parenthood is very satisfying for you as is the simple act of service to anyone you come in contact with.

You are a loving and emotional person. Also, you are very curious about the lives of others. This can get you into trouble, however, especially if you confuse service with interference.

You are idealistic and imaginative.

PLANE OF EXPRESSION MENTAL

Your Plane of Expression Mental is 19/1

Liz, your mind is very sharp and quick, coming up with good and innovative

ideas in a flash. You process information quickly, but tend to put it in short-term memory. You use information for a specific purpose, but forget it quickly when it no longer has any relevance to your immediate needs.

You are the proverbial quick study. You pick up information like a vacuum, and may have a facility with languages.

You are extremely original. You love moving into the frontier of any enterprise to come up with innovative methods. You are a ground-breaker.

You are witty and charming. You get bored easily.

PLANE OF EXPRESSION EMOTIONAL

Your Plane of Expression Emotional is 38/2

Liz, you are highly emotional, intuitive, and extremely sensitive to your environment. You have a tendency to go up and down emotionally with whatever is the overriding stimulus in your surroundings.

You are overly concerned with the opinions of others.

You are highly aware of what others are thinking. You perceive their motivations and hidden feelings.

You enjoy, and even need, beauty and harmony around you. You are very tactful and diplomatic. You have a gift for saying the right thing at the right time.

Liz, you are extremely vulnerable to stress. You can experience much nervous tension and if not properly cared for can suffer some type of nervous disorder.

You have a subtle mind and talent as a healer and counselor.

PLANE OF EXPRESSION INTUITIVE

Your Plane of Expression Intuitive is 2

Liz, you have a fine intuition. You are extremely sensitive and tend to direct your thoughts to spiritual and metaphysical matters. These are the intuitive insights you attract.

BALANCE

People experience different internal responses to life's challenges. Some withdraw from difficult situations to think them through; others withdraw from their emotions, to try and keep themselves from feeling anything. Some explode with emotions, but allow the explosion to pass quickly. Others linger with their feelings, holding on to them well past the time they should have let them go.

Very often, these are conditioned or emotional responses that emerge without

thought or analysis. Maturity and self-development help us to learn new and more effective methods of handling our world and the problems we confront. Your Balance number provides you with the guidance on how best to deal with difficult or threatening situations.

Your Balance is 8

Use your considerable power in a balanced way Liz. You may use power in a manipulative way, rather than confront people on principle.

Use your power in a higher way, namely, by accepting personal responsibility for the issue and its solution. Liz, you have enormous creativity and the leadership to find an answer to almost any problem.

Try not to force your own solution upon groups, but include their concerns and ideas in the larger solution that you can bring about. Liz, learn to use power for the good of all.

RATIONAL THOUGHT

Your Rational Thought number reveals what can probably best be described as the way you think. Are you a practical, methodical thinker, or a dreamer? Do you frequently allow your imagination to color your perception? Are you unconventional and original in the face of a practical problem, or do you stick to proven methods?

This is the kind of information revealed through your Rational Thought number.

Your Rational Thought is 55/1

Liz, you are an independent thinker, original, and not easily influenced by others. You tend to pursue a line of thought stubbornly, and you can be dominating in intellectual discussions.

You tend to solve problems and plan projects with a straight-forward approach. You rarely allow yourself to be distracted. Quite often, you realize at some later stage, that you did not pay enough attention to the available alternatives, and a project may find itself stuck with no chance of further advancement. When you find yourself facing such a situation your frustration tends to be considerable but of short duration. You simply start all over. You do not give up easily.

CORNERSTONE

The first letter of your first name gives an additional indication to your character, particularly as to the manner in which you approach opportunities and obstacles. The first letter is called your Cornerstone.

Your Cornerstone is E

Liz, you need plenty of freedom. You are physical and passionate and it is possible you will be married more than once. You like to be social and entertain. You are highly perceptive and not easily fooled. You are original and versatile. You are capable of looking at a situation from different perspectives.

SUBCONSCIOUS SELF

Your Subconscious Self reveals how you react to demanding situations. It indicates your ability to get the most out of your talents and opportunities, especially when you face new or challenging circumstances. The Subconscious Self also reveals the areas of our character that need to be strengthened.

Your Subconscious Self is 8

Liz, you handle unexpected situations in an efficient manner and often manage to get the best out of it. You learn quickly and usually do not repeat the same mistakes. You want to be rewarded for your efforts and relate your success to the material aspects. You are dependable and solid in almost any kind of situation. You do not panic or scare easily. You have a business-like attitude to problems and realize quickly what needs to be done. You have a good understanding of money and matter. You are a survivor. You show leadership and organization and are physically courageous and competent.

CHALLENGES

Each of us is born with both strengths and weaknesses. Numerology looks at life as if it were an educational process that is meant to bring out and enhance our talents, and turn our weaknesses into strengths. This serves to complete our being.

The job of becoming whole is one in which we must face our weaknesses and consciously work to improve ourselves. There are four Challenges to be faced during our lives. For many of us, the same challenge is repeated, while others have four distinctly different lessons to learn.

The Challenges on your life's path provide specific lessons that you must attend to, and, in order to inspire and help you, life will place you in situations that require the specific characteristics of your Challenge numbers.

The four Challenges you are required to overcome during the course of this lifetime will influence you during different periods of your life, except for the Third or Main Challenge, which lasts from birth until death. The Challenges are fluid

periods of your life, not confined to specific years so much as general periods. All of your Challenges are present at birth, like actors standing in the wings.

THE FIRST CHALLENGE

The duration of the First Challenge usually lasts from birth until approximately the age of 30 to 35.

Your First Challenge is 3

Liz, you are your own worst critic. You suppress your individuality and creativity. Each time you want to make an impression, you doubt yourself beforehand, and criticize yourself ruthlessly afterward. Your criticism of yourself is far more severe than anyone else's.

As a result, you tend to play it safe by staying on the surface, indulging in superficialities. You rarely express what goes on deep inside of you; instead, you cover up your feelings with humor or perfunctory remarks.

You often feel alone and lonely.

Liz, your fear of social interaction causes you to strain conversation by making too many jokes and forced joviality.

It may help you to find a creative outlet for your imagination, possibly through writing, painting, singing or dance.

At the bottom of the challenge is an effort to bring out your true self. You will learn to truly value your own creative talents above anyone else's judgments. This must be viewed as a process of individuation, in which you become a whole human being, independent and free of the need to conform to others.

THE SECOND CHALLENGE

The Second Challenge usually lasts until the age of about 35 to 40.

Your Second Challenge is 1

You must learn to be independent. Liz, you will be forced to stand up for yourself and your rights. You will be faced with situations in which you will have to choose between standing up for what you think is right versus giving in to another person's demands. You will have to struggle to strengthen and know your own will power.

You will have to learn to be firm and trust your judgment. Don't run with the crowd, be an individual. This whole lesson represents the frontiers of your consciousness. Therefore, you will have to experience much trial and error, sometimes exploding with bursts of aggression, other times being intimidated and

letting frustration and anger build within you until you are ready to act on your deepest instincts.

Liz, you will learn your own set of values; you will develop into an individual with original and innovative ideas.

If you have 1s in your core numbers or in your Hidden Passion this challenge will not be as difficult to learn, or as strongly felt.

THIRD CHALLENGE

This Challenge carries much weight and will be felt throughout your life. For that reason, it is also called the Main Challenge.

As you master this challenge, your life will come more and more under your own control. You will incorporate the positive aspects of the challenge into your character. This is its purpose in the first place. Therefore, there is implicit in the challenge a chance for great reward.

In short, this may be the secret to your success.

Your Third Challenge is 2

Liz, you are overly sensitive and too aware of other peoples' expectations. You suppress yourself to avoid feeling conspicuous. You can be overwhelmed by self-consciousness. You fear gossip about you. As a result, you become inhibited. All of this results in a suppression of your own individuality and uniqueness. You yearn to blend into the crowd.

You let your own feelings and emotions play too big a role. Your hypersensitivity causes fear, timidity and lack of self-confidence. And you experience unnecessary fear and emotional turmoil.

Little things seem disproportionately difficult to overcome and sometimes have a paralyzing effect. Jealousy can cause much pain and misunderstanding.

These negative aspects of the challenge actually spring in part from positive characteristics you possess, especially your acute awareness and intuition. You are an antenna for other people's feelings; you know before a word is spoken how they feel.

Liz, you lack the inner strength to maintain your own center, and try to conform to the prevailing emotional atmosphere.

This challenge makes you understanding and compassionate; you have an enormous empathy for the inner turmoil of others and can do much good for people with emotional problems.

THE FOURTH CHALLENGE

The Fourth Challenge is most strongly felt during the latter part of our lives,

beginning at the age of approximately 45.

Your Fourth Challenge is 4

You tend to be disorderly and disorganized. Liz, you are impractical and tend to fantasize about projects or possibilities that have little value or future.

You must learn to discriminate between iron balloons and those that will fly.

You have difficulty finishing projects because your vision becomes chaotic and loses track of the path ahead.

You have to learn to be aware of the details. Keep your environment clean and orderly. Be efficient.

You have the ability to be practical and organized but you must learn their value. This will cause you to incorporate them into your daily life and give you the basis for success.

This is the challenge of building a lasting foundation for your life. Liz, you will need perseverance and repeated effort. Get-rich-quick schemes will likely backfire; persistent effort is the key to your future happiness.

PINNACLES

The Pinnacles are four long-term cycles, or periods, on our Life Path. Each Pinnacle represents a particular lesson we are working on. The first Pinnacle usually lasts from birth to between the ages of 30 and 35 (your specific Pinnacle periods are provided below). The middle two Pinnacles each last nine years. The last Pinnacle will stay with you for the remainder of your life.

The Pinnacles are very important. The transition from one Pinnacle to the next is always strongly felt. Your Pinnacles reveal the general conditions and events you will experience during the period. The Pinnacle describes the atmosphere, or the essential challenge you will be faced with.

You can prepare yourself for the times ahead by knowing your approaching Pinnacle number.

The transition from one Pinnacle to the next is usually prepared for approximately 2 years in advance. The latter part of that two year period is particularly strong. Liz, you will likely make some life-altering decisions -- marriage, job or career change, or any number of major changes in your character.

Perhaps the most strongly felt change -- internally as well as externally -- is the transition from the first to the second Pinnacle. This change usually takes place in your late 20s or early 30s -- the exact date depends on your Life Path number and is provided below. You begin to feel the impact of this coming change approximately two years prior. This is usually a difficult transition, but once crossed usually provides a clear sense of direction in one's life. It also gives you

a much firmer sense of your identity. It is a gateway to maturity.

Your First Pinnacle (from birth until age 34) is 9

Liz, this is a period in which you must identify with some larger project or goal that is bigger than you. Your greatest satisfaction will be in providing for others, as well as for yourself. Those in business will draw much personal gratification in knowing that they are helping their employees support their families. Those involved in social activism -- a particularly appealing choice of careers during the 9 Pinnacle -- will feel themselves strengthened by the knowledge that they are advancing the safety and well being of society. The 9 Pinnacle is a time in which you apply your energies to the good of the larger community.

As a result, there is an element of self-sacrifice present. To some degree, you must subordinate your personal priorities to those of a larger cause. We are not suggesting martyrdom, but making a conscious effort on your part to strike a balance between the good of your milieu and your own personal desires.

This is a good time for financial growth and progress in business affairs. It is a period in which you face a large challenge and must give yourself entirely to it.

The 9 Pinnacle also promises much reward in drama, writing and art. You have a heightened esthetic sense, and any latent artistic talent you already possess will be enhanced and brought to the surface. If you have been in business, you may suddenly be drawn to the arts as a benefactor or patron, supplying support for theater productions or artists.

You will feel an increased sense of social responsibility and compassion for the many. You will want to help those less fortunate than yourself and will likely apply yourself to some social cause or philanthropy. This is a period in which you feel a greater love for the good of your community, country, and the world.

Interestingly, you are not restricted by prejudice or boundaries of class or country. You see humanity as a whole. Your love is not personal, however, but for the many.

Many under the 9 Pinnacle are drawn to religion or philosophy and have the capacity to spread some doctrine or teaching.

In short, you are highly idealistic. Liz, you will likely travel extensively during this period and meet people from many walks of life.

No matter what your area of expertise, you have a chance not only for success but for fame.

Your Second Pinnacle (from age 35 until age 43) is 5

This is a period that will teach the realities of freedom and expansion. Liz, you will travel great distances, meet many new and interesting people, experience many adventures, and essentially come to know the world. You are in a period of

accelerated experimentation and learning. Experience is your teacher.

Your ability with words is greatly increased. You can write and speak with ease. You are also able to successfully promote yourself. In fact, this is the source of much adventure; new opportunities for work, travel, and exotic experiences present themselves with regularity.

Your challenge is to prevent yourself from becoming a rolling stone. You need to ground yourself in a particular discipline, career, or relationship. This will not limit your freedoms so much as give you a base for operation. Otherwise, you may find yourself skipping from one meaningless job to the next, one superficial relationship after another. You can also fall victim to the abuse of food, alcohol, sex, or drugs.

Liz, you may fear being anchored or tied down, which can cause you to skim the surface of a pursuit you enjoy, or important relationships.

You must come to know the true meaning of freedom, which is unconditional love. You give your love and energy without the condition of holding on to a place, a person, or an occupation; and you expect the same in return -- to be loved for what you are, rather than someone who belongs to another. There is a highly spiritual path offering itself that requires detachment without loss of love.

Many turn away from this and instead choose to maintain a superficial relationship with the world, or with other people.

You must cultivate your talents, especially your verbal and writing abilities. You are likely a gifted salesperson, or promoter.

You must accept limitations as a necessary base for your freedom. Freedom cannot exist without limitations, otherwise you would be without identity, and without existence.

Your Third Pinnacle (from age 44 until age 52) is 5

(This Pinnacle is the same as the Second, as described above.)

Your Fourth Pinnacle (from age 53) is 8

Liz, under the influences of this Pinnacle, you will have greatly enhanced talent for dealing successfully with business and finances. This is a time of material growth, a time of expansion and reward. It is the cycle of harvest.

The 8 Pinnacle also increases your personal power. You have sound judgment and vision. In fact, this is the basis of your financial success.

People sense your power and effectiveness. They defer to you much more easily, and look to you for answers. This makes it easier for you to use power without having to be a bully or force your way through situations. They perceive your ability and want to join you in your vision. Others have faith in you.

You will be able to organize large enterprises. Problems do not threaten you

so much as provide a challenge. You yourself sense your enhanced personal powers and feel a growing sense of stability and centeredness. You will be capable of influencing matter in an almost magical way. As a result, you are extremely goal oriented, moving toward the realization of your dreams with confidence and clarity.

Liz, your challenge during this period is to maintain a hold on your human and spiritual values. You must remain balanced between heaven and earth. There will be enormous temptations to make money and status your only priorities, excluding the more human or immaterial matters entirely. This will undoubtedly lead to losses. You are being tested and instructed in the real value of money -- it's natural place in life. If money is placed on a high altar, overshadowing all other facets of life, you will become its slave.

If you are balanced in your approach to money, and have proper perspective, this can be a truly rewarding period, both materially and spiritually. That is the true promise of the 8.

The number 8 symbolizes the balance between the finite and infinite, matter and spirit. It offers a great opportunity to grow.