

Menopause Check

This simple blood test measures hormones which can indicate menopause or whether symptoms could be due to a thyroid condition.

The menopause can be a difficult time for many women, not just emotionally, but also mentally and physically with symptoms ranging from mood swings and anxiety to fatigue, weight gain and hot flushes.

A woman normally reaches menopause around the age of 51, but symptoms can start much earlier and can often be confused for other conditions. This test measures levels of key hormones such as FSH, LH and oestradiol to give an indication of menopause status. Thyroid hormones are also included as menopausal and thyroid symptoms can be similar. It is not uncommon for a thyroid condition to develop in the 40's or 50's so this test can give an insight into whether symptoms are due to menopause, thyroid or both.

Who is this blood test for?

This test is for women who want to investigate symptoms as well as women who wish to confirm that they have reached the menopause.

Symptoms

Symptoms of the menopause include hot flushes, lethargy, sleep disturbance and vaginal dryness. The severity of menopause symptoms vary. Some women have few menopause symptoms and others require treatment such as Hormone Replacement Therapy or HRT.

Tests included (5)

Hormones

TSH, FT4, FSH, LH, Oestradiol