

Thyroid Check Plus

Thyroid disorders are very common but can be difficult to diagnose; many of the symptoms of a thyroid disorder can be overlooked (especially if they are mild) or confused with other conditions. This test offers an affordable insight into what could be causing your symptoms by investigating your level of thyroid stimulating hormone (TSH) which is often abnormal in thyroid disease, your levels of free thyroxine (FT4) and free triiodothyronine (FT3), the thyroid hormones unbound to proteins and therefore available to carry out their respective functions, as well as Total T4.

Many thyroid disorders are caused by an autoimmune disease and your risk for this is raised if you have a family history of autoimmune disease. This test looks for

specific thyroid antibodies which can indicate that your thyroid is under attack from your immune system.

Who is this blood test for?

This thyroid test is ideal for people looking for a thorough breakdown of their thyroid function in order to discover if it is overactive or underactive. In particular it is important for anyone who is suffering from chronic fatigue syndrome or who has symptoms consistent with a thyroid imbalance to have a thorough thyroid check.

Thyroid problems affect up to 3 % of the adult population. And although symptoms are non-specific and often begin mildly they may become debilitating if left untreated. Both underactive and an overactive thyroid can cause a swelling of the gland (goitre) but many symptoms can be present without this classic sign.

Symptoms of hypothyroidism include lethargy and excessive sleeping, difficulty in losing weight or constant weight gain despite not eating more, feeling cold when others are warm, constipation, dry hair and brittle nails, depression, slow heartbeat, muscle aches and pains and fertility problems.

Symptoms of hyperthyroidism include feeling fidgety and nervous, trouble sleeping, tremors, unexplained weight loss, frequent bowel movements or diarrhoea, feeling hot and sweaty, hair loss, palpitations, muscle weakness and fertility problems.

What is tested?

TSH, FT4, T4, FT3

Thyroid Antibodies: TGAb, TPOAb