## **Well Man Check**

This health check covers all the essentials and is a quick and reassuring way of assessing your current state of health. This test is designed to give you base levels for a number of important health markers including PSA (Prostate Specific Antigen) which can then be monitored over time. Key tests include: red blood cells, white blood cells, liver health, kidney function, bone health, gout, diabetes, iron status, cholesterol, inflammation and PSA.

## Who is this blood test for?

The Essential Well Man Check is aimed at men of all ages. It is an excellent entry level test for people young and old for establishing base levels of many important health markers which can then be actively monitored for changes.

# Tests included (42)

**Red Blood Cells**: Haemoglobin, HCT, RBC, MCV, MCH, MCHC, RDW **White Cell Count**: Neutrophils, Monocytes, Eosinophils, Basophils, Blood Film Report - Included if results abnormal

# **Clotting Status**

Platelet Count, MPV

## **Inflammation Marker CRP-hs**

## **Kidney Function**

Sodium, Urea, Creatinine

## **Liver Function**

ALP, AST, ALT, CK, Gamma GT, Bilirubin

#### **Proteins**

Total Protein, Albumin, Globulin

# **Bone Health**

Calcium, Corrected Calcium

#### Gout

Uric acid

#### **Diabetes**

HbA1c

## **Iron Status**

Iron, T.I.B.C, Transferrin

## **Cholesterol Status**

Triglycerides, Cholesterol, HDL Cholesterol, LDL Cholesterol Heart Disease Risk HDL % of total

# **Prostate Test**

PSA (Total)